

MST: Accommodation vs. Adaptation

Adaptation is a substantive change from validation studies in:

Client served (e.g., juvenile offender clinical vs. youth with serious emotional disturbance, maltreating families, chronic health care condition)

Model of service delivery (e.g., caseload size; characteristics of therapists)

Training and quality assurance protocols (e.g., role of expert consultant [Henggeler et al., 1997]; use of different methods to promote therapist fidelity)

Accommodation

Accommodation is a minor change to support local flexibility - approved by MST Services

Client (e.g., decrease age of eligibility by 1 year; variations in degree of seriousness of antisocial behavior; judges' decisions*)

Service delivery (e.g., decrease average caseload; use of adjunct personnel*; lengthening of treatment duration*; modifications to supervisor role/functions*)

Training and QA (e.g., temporary change in booster training structure; timing of orientation training*)

***have led to significant implementation problems**

Stages of MST Adaptation Development

- **Adaptation pilot (2-3 years)**
- **Efficacy trial(s) (0-5 years)**
- **Effectiveness trials(s) (3-5 years)**
- **Transportability pilots (2-3 years)**
- **Mature transport 2nd generation (2-3 yr)**
- **Mature transport 3rd generat. (ongoing)**
- **Proactive dissemination**

Status of Adaptation

Status of MST and Adaptations as of April 2012

Clinical Adaptations	Adaptation Pilot Studies	Efficacy Trial(s)	Effectiveness Trial(s)	Transportability Pilots	Mature Transport 2nd Generation	Mature Transport 3rd Generation	Proactive Dissemination
Serious Juvenile Offenders (MST)							
Child Abuse and Neglect (MST-CAN)							
Problem Sexual Behavior (MST-PSB)							
Substance Abuse (MST-SA)							
Psychiatric Problems (MST-Psychiatric)							
Building Stronger Families (MST-BSF)							
Family Integrated Transition (MST-FIT)							
Health Care/Juvenile Diabetes (MST-HC)							
Juvenile Drug Court (MST-JDC)							
Health Care/Juvenile Obesity (MST-HC)							
HIV/Health Care (MST-HIV)							
Emerging Adults (MST-EA)							
System/Implementation Adaptations							
BlueSky							
Neighborhood Solutions							

