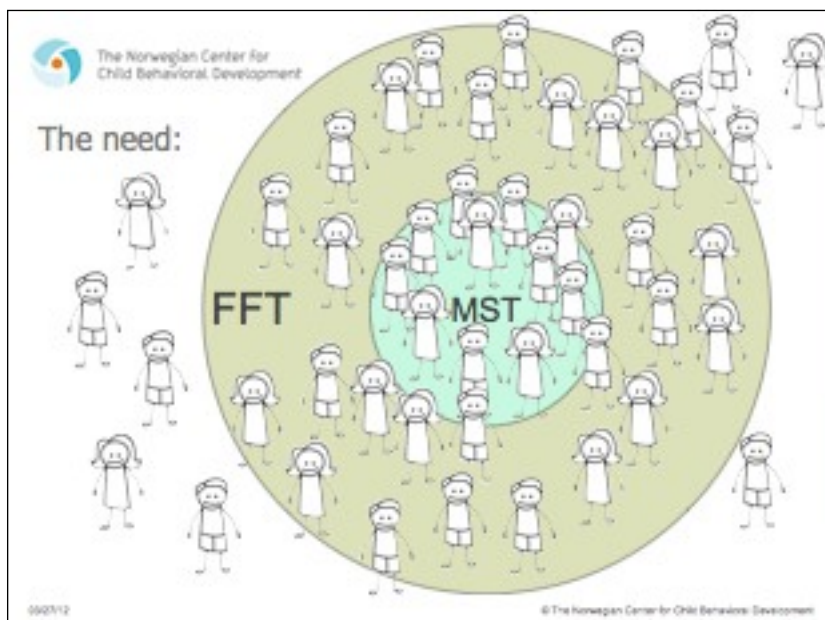
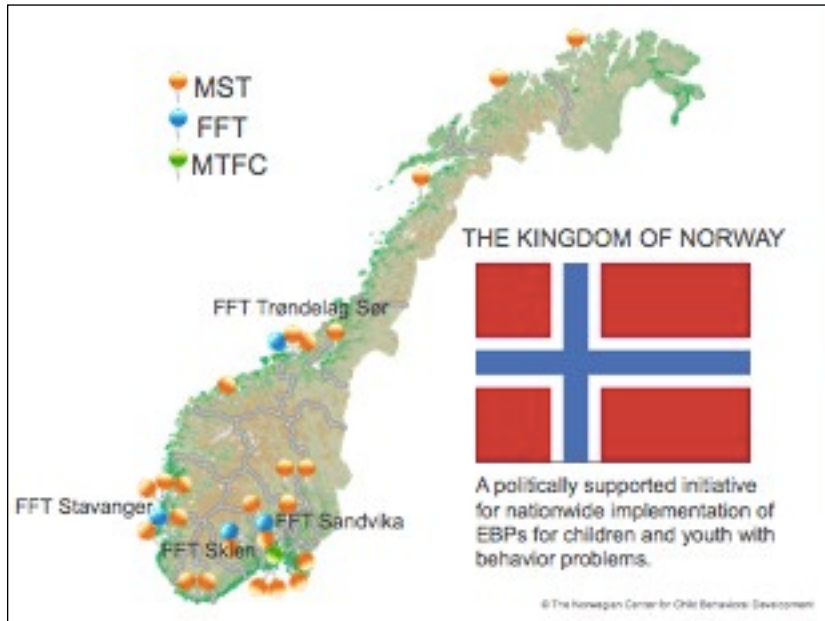


The implementation of Functional Family Therapy in Norwegian State Child Welfare

Dagfinn Mørkrød Thøgersen,
Clinical Psychologist, Special Advisor,
National FFT Consultant

www.atferdssenteret.no



The process:

FFT Functional Family Therapy
Evidence-Based, Client-Centered, Relationship-Focused, Family-Based, and Collaborative

The Norwegian Center for Child Behavioral Development

Bufetat

User Guide

I ♥ MY JOB

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Implementation is best when:

- Organizational fit
- A good model
- User manual
- A good coach
- Someone assisting the growth
- Hiring the right people
- Good collaboration w/ model developer
- Continuous «auditing» of all aspects

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Successful implementation requires:

Rigidity regarding factors that knowingly influence:

- Therapist adherence
- Client outcomes
- Sustainability

Wisdom to combine rigid demands with positive/flexible working relationships

- Creating partnerships for improved practices

Flexibility to support assimilation of the intervention:

- Cultural adaptations
- Systems integration

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Hiring the right people: a key issue!

- Identifying core requirements for working with this innovation.
- Total hiring process lead by someone with innovation expertise.

Not lowering these standards for the sake of getting started.



VS

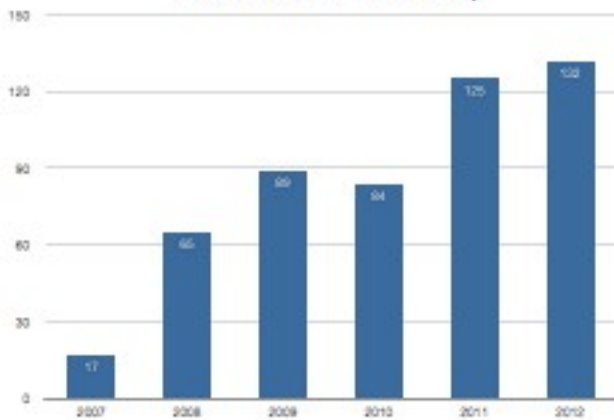


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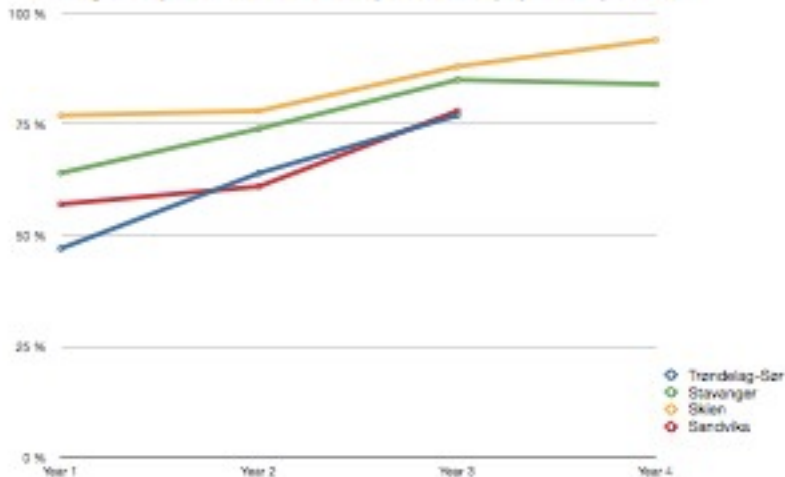
The results:

Number of families treated in FFT Norway



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Average completion rates for Norway FFT-teams pr year of operation



Pre- and post-evaluation of youth completing FFT in Norway, 2011.

